2023- 2024 Missouri Adult Day Services Association Member Directory

Adult Day Services - Always Essential Today and Tomorrow

2420 Hyde Park Rd, Ste A, Jefferson City, MO 65109
Email: info@moadsa.org Phone: 573-634-3566 Fax: 573-634-4374
www.moadsa.org
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Mission Statement

“It is our mission to support the needs of individuals with developmental disabilities and their families, through an individualized plan, in reaching optimal health, independence, advocacy, community involvement and quality of life.”
What is an Adult Day Care Center?

Adult day services are a professional care setting in which older adults, adults living with dementia, or adults living with disabilities receive individualized therapeutic, social and health services for some part of the day. Adult day services centers provide a coordinated program of professional and compassionate services for adults in a community-based group setting. Adult Day Centers (ADC) generally operate during normal business hours, five days a week. Some programs offer services in the evenings and on weekends. Although each facility may differ in terms of features, these general services are offered by most ADCs: social activities; transportation; meals and snacks; personal care and therapeutic activities.

Adult day care centers can be public or private, non-profit or for-profit. The intent of an adult day center is primarily to:

- Provide older adults an opportunity to get out of the house and receive both mental and social stimulation
- Serve nutritious meals and accommodate special diets, and typically include an afternoon snack
- Give caregivers a much-needed break to attend to their personal needs, or to simply rest and relax

Who Uses Adult Day Services?

- Adults, 18 and over:
  - who are physically, socially, and/or cognitively impaired or require personal care
  - with disabilities who cannot be left alone, but do not require 24-hour institutional care
- Individuals who can benefit from professional services and social and recreational activities
Services of Adult Day Centers

Adult day centers provide a comprehensive range of services to meet the individual needs of participants and their families such as:

- Professional nursing services along with physical, occupational and speech therapy
- Individual treatment plans targeting the needs of each participant
- Social and recreational activities to provide physical and mental stimulation
- Meals
- Transportation door-to-door from home to the center
- Support groups for clients and caregivers
- Coordination with other service providers to gain information and referrals, and supportive counseling with trained social workers
- Ancillary services may include podiatry, hair care, bathing, etc.

Adult Day Programs

- Promote the individual’s maximum level of independence
- Maintain the individual’s present level of functioning as long as possible, preventing or delaying further deterioration
- Restore and rehabilitate the individual to his/her highest possible level of functioning
- Provide support, respite and education for families and other caregivers
- Promote socialization and peer interaction
- Serve as an integral part of the community service network and the long-term care continuum
Choosing an Adult Day Center

Key Considerations:

1. Determine needs – what specific services are important to the person using the center: safe, secure environment; social activities; assistance with daily living skills; therapies; health monitoring; nutritious meals; exercise and/or specialized care such as dementia care?

2. Locate an adult day center – Search centers at NADSA’s database (www.nadsa.org); call your local Area Agency on Aging at 1-800-677-1116; ask at a local senior center or organizations serving persons with developmental disabilities and contact the Missouri Adult Day Services Association at www.moadsa.org or 573-634-3566.

3. Make an appointment to visit the centers to see which might best meet your family member’s needs.

4. Do not be afraid to ask questions. Go to www.nadsa.org and print out NADSA’s site visit checklist beforehand.

5. Check references. Talk to two or three people who have used the center you are considering. Ask for their opinion.

6. Try it out. Select a center and give it a try for a few days. Keep in mind that it often takes several visits for a new participant to feel comfortable. Inform staff of any special needs or concerns your family member has.

7. Take care of yourself. Relax knowing your loved one is being well cared for. Always feel free to check in with the center and ask questions.


Please contact the Department of Health and Senior Services if you have questions or desire additional information regarding licensure of Adult Day Services providers.

http://health.mo.gov/seniors/nursinghomes/faqs.php#adc
MoADSA Members by City

All MoADSA Members are licensed by the Department of Health & Senior Services. Some hold dual licenses with the Department of Mental Health.

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Please note: The information in this directory was provided to the Missouri Adult Day Services Association by each member. MoADSA assumes no responsibility for the validity of data or for errors or omissions in information.

Adult day services are peace of mind and provide a coordinated program of professional and compassionate services for adults in a community-based group setting.
Amazing Times Adult Day Care

Endorsed by MoADSA

10012 June Drive
St. Ann, MO 63074
Phone: (314) 310-5158
Fax: (314) 588-8065

Contact Person:
Henrietta Gladney, Director
Email: amazingtimeshs@gmail.com

Center Opened in 2020

Days of Service:
Monday through Friday
Hours: 9:00 a.m. to 4:00 p.m.
Approved Licensed Capacity: 17
Counties Served: St. Louis City, St. Louis County and St. Charles

License/Certification:
Licensed Adult Day Care Provider by Department of Health & Senior Services

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<td>Support Group (clients)</td>
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<td>In-home Services</td>
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Payment Methods Available:
Medicaid, Self-Pay, Grants, Area Agency on Aging, and Veterans Administration
Attentive Adult Day Center

Endorsed by MoADSA

822 W. Terra Lane
O’Fallon, MO 63366
Phone: (636) 515-7740
Fax: (636) 590-4318
Website: www.attentiveadultdaycenter.com

Contact Person:
Dr. Veda Lewis-Simmons, Director
Email: simmons@attentiveadultdaycenter.com

Center Opened in 2018

Days of Service:
Monday through Thursday & Friday
Hours: 7:00 a.m. to 6:00 p.m. (M-Th) & 7:00 a.m. to 5:00 p.m. (Fri)

Approved Licensed Capacity: 30
Counties Served: St. Charles, Lincoln, and Warren

License/Certification:
Licensed Adult Day Care Provider by Department of Health & Senior Services, and Department of Veterans Affair, Optum

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<td>Speech Therapy</td>
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<td>Pet Therapy</td>
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Payment Methods Available:
Medicaid, Self-Pay, Private Insurance, Sliding Scale Fee, and Veterans Administration
Choices for People Center

**Endorsed by MoADSA**

1815 Forum Drive
Rolla, MO 65401
Phone: (573) 364-7444
Fax: (573) 364-5370
Website: [choicesforpeople.org](http://choicesforpeople.org)

**Contact Person:**
Missy Perez, Director
Email: mperez@choicesforpeople.org

**Center Opened:** 1957

**Days of Service:**
Monday through Friday
Hours: 8:00 a.m. to 4:00 p.m.
Approved Licensed Capacity: 70
Counties Served: Phelps, Pulaski, Dent, Crawford Texas, and Maries

**License/Certification:**
Licensed Adult Day Care Provider by Department of Health & Senior Services, and Licensed by Department of Mental Health

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**Payment Methods Available:**
Medicaid, Self-Pay and Veterans Administration

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*No one cares until someone cares; be that one!* - Ken Poirot
Family United Adult Day Center

Endorsed by MoADSA

7390 St. Charles Rock Rd.
St. Louis, MO 63133
Phone: (314) 716-3100
Fax: (314) 942-9998
Website: www.familyunitedhhc.com

Contact Person:
Kayundra Foster, Director
Email: familyunitedadc@yahoo.com

Center Opened: 2014

Days of Service:
Monday through Friday
Hours: 8:00 a.m. to 4:00 p.m.
Approved Licensed Capacity: 30
Counties Served: St. Louis City and St. Louis County

License/Certification:
Licensed Adult Day Care Provider by Department of Health & Senior Services

Core Services
Meals
Transportation
Socialization
Exercise

Social Services
Social Work

Payment Methods Available:
Medicaid and Self-Pay

Health Care Services
Health Care

Therapies
Pet Therapy
Music Therapy

Thank a Caregiver Today!
Living Better Adult Day Care
Endorsed by MoADSA

2060 Dorsett Village
Maryland Heights, MO 63043
Phone: (314) 542-6050
Fax: (314) 5442-6026
Website: www.livingbetteradultdaycare.com

Contact Person:
Curtis Windham
Email: cwindham@livingbetteradultdaycare.com

Center Opened: 2011

Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 6:00 p.m.
Approved Licensed Capacity: 37
Counties Served: St Louis County, St. Louis City, and St. Charles

License/Certification:
Licensed Adult Day Care Provider by Department of Health & Senior Services, and Licensed by Department of Mental Health

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Payment Methods Available:
Medicaid, Self-Pay and Private Insurance
Open Doors Adult Daycare Services, Inc.  
**Endorsed by MoADSA**

13013 Fuller Avenue, Suite C  
Grandview, MO 64030  
Phone: (816) 214-8065  
Fax: (816) 214-8065

**Contact Person:**  
Lilian Ukpabi  
Email: opendoorsadultdaycare@yahoo.com

**Center Opened** 2013

**Days of Service:**  
Monday through Saturday  
Hours: 7:00 a.m. to 7:00 p.m.  
Approved Licensed Capacity: 30  
Counties Served: Cass, Jackson and Johnson

**License/Certification:**  
Licensed Adult Day Care Provider by Department of Health & Senior Services

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**Social Services**  
Information & Referral

**Payment Methods Available:**  
Medicaid and Self-Pay

"A smile 😊 is the light in your window that tells others that there is a caring, sharing person inside." Denis Waitley, author
St. Elizabeth Adult Daycare Center

**Endorsed by MoADSA**

3683 Cook Ave.
St. Louis, MO 63113
Phone: (314) 772-5107
Fax: (314) 772-3674
Website: [http://www.seadcc.org](http://www.seadcc.org)

**Contact Person:**
Regina Marsh
Email: [marsh@seadcc.org](mailto:marsh@seadcc.org)

**Center Opened:** 1981

**Days of Service:**
Monday through Friday
Hours: 6:00 a.m. to 6:00 p.m.
Approved Licensed Capacity: 56
Counties Served: St. Louis City, St. Louis County, Jefferson, St. Charles, and Ste. Genevieve

**License/Certification:**
Licensed Adult Day Care Provider by Department of Health & Senior Services, and Licensed by Department of Mental Health

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**Payment Methods Available:** Medicaid, Self-Pay, Grants, Area Agency on Aging, Veterans Administration, and Alzheimer's Association
The Center for Head Injury Services

Endorsed by MoADSA

11828 Lackland Road
St. Louis, MO 63146
Phone: (314) 983-9230
Fax: (314) 983-9231
Website: www.headinjuryctr-stl.org

Contact Person:
Daniel Greenspan
Email: dgreenspan@headinjuryctr-stl.org

Center Opened: 1986

Days of Service:
Monday through Friday
Hours: 9:00 a.m. to 3:00 p.m.
Approved Licensed Capacity: 30
Counties Served: St. Louis and St. Charles

License/Certification:
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Payment Methods Available:
Medicaid and Self-Pay
Associate Members

The following businesses/individuals are not providers but have an interest or a connection to adult day services. We are grateful for their support of our organization.

Master’s Transportation
Endorsed by MoADSA

800 Quiktrip Way
Belton, MO 64012
Phone: (800) 783-3613
Website: www.masterstransportation.com

Contact Person:
Faith Robinson
Email: frobinson@masterstransportation.com

Center Opened: 1993

Days of Service:
Monday through Friday
Hours: 8:00 a.m. to 5:00 p.m.
Counties Served: All

Core Services
Transportation

HOME IS WHERE THE HEART IS
Missouri Adult Day Services Association
Provider Members

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Associate Members

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"Never believe that a few caring people can't change the world. *For, indeed, that's all who ever have.*"

Margaret Mead, anthropologist
Helpful Resources

AARP – http://www.aarp.org
Alzheimer’s Association – http://www.alz.org
MO Department of Health and Senior Services –
  http://www.health.mo.gov
MO Department of Social Services – http://www.dss.mo.gov
MO HealthNet (formerly Medicaid) – http://www.dss.mo.gov/mhd
National Adult Day Services Association – http://www.nadsa.org
Administration for Community Living – http://www.aoa.gov
Missouri Adult Day Services Association – http://www.moadsa.org

The Missouri Adult Day Services Association

is a proud member of

www.nadsa.org
Thank you for your participant referrals!