Letter from the President

Hello Everyone:

We are so proud to be a voice for Missouri Adult Day Services Association (MoADSA) Providers and for the participants that we all serve every day. We strive to represent those who have entrusted their voice to us and work hard with all the State Agencies to ensure that we are represented. Over the last few years, we have worked together with key legislators, policy makers, and administrators to understand and help to implement changes beneficial to the providers across the state. As we are now operating under a new administration in the capitol, our direction has been focused more on preserving and enhancing what we are able to offer to our clients. We are positioning ourselves to be able to handle the challenges of the future so that we can continue to meet the needs effectively for our day care participants across the State.

We are very excited to be able to continue our relationships with Missouri Medicaid and Audit Compliance (MMAC), Department of Health and Senior Services (DHSS), Department of Mental Health (DMH) and the Department of Labor – Division of Employment Security. As always, we welcome the involvement of more State Agencies in the implementation of new events, education and cutting-edge technology.

It has been a pleasure to serve on the board, first as a Board Member-at-Large, then as Vice President and now as President. We have accomplished much, and together we can have a greater impact! New providers are reaching out to us on a continuous basis, and we look forward to them becoming established and involved with MoADSA. We will continue to promote group and regional meetings, whether virtual or in-person, whenever possible to meet the needs of providers all around Missouri.

MoADSA is expanding its services to providers and we look forward to increased membership and involvement with legislative initiatives so that our voices, and the voices of the people we represent, continue to be heard. We are excited to begin renewal and growth in 2021-2022.

Many thanks to everyone who has worked tirelessly to help MoADSA be successful.

Best Regards,

Janice Schenewerk

Janice Schenewerk, President
Missouri Adult Day Services Association

Cover pictures compliments of: Friends – A Meeting Place and The Center for Head Injury Services
A Special Thank You

to Our MoADSA Gold Sponsor:

www.storiicare.com

A leading provider of Adult Day Care software. Used as a tool to instruct, record and improve quality of care, it enables staff to digitally record their care, whilst providing management with oversight and reducing common industry inefficiencies. StoriiCare also connects families to their loved ones, allowing them to contribute to their care and be informed of events in their life. Book a live demonstration of StoriiCare demo today!
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Mission Statement

“It is our mission to support the needs of individuals with developmental disabilities and their families, through an individualized plan, in reaching optimal health, independence, advocacy, community involvement and quality of life.”
What is an Adult Day Care Center?

Adult day services are a professional care setting in which older adults, adults living with dementia, or adults living with disabilities receive individualized therapeutic, social and health services for some part of the day. Adult day services centers provide a coordinated program of professional and compassionate services for adults in a community-based group setting. Adult Day Centers (ADC) generally operate during normal business hours, five days a week. Some programs offer services in the evenings and on weekends. Although each facility may differ in terms of features, these general services are offered by most ADCs: social activities; transportation; meals and snacks; personal care and therapeutic activities.

Adult day care centers can be public or private, non-profit or for-profit. The intent of an adult day center is primarily to:

- Provide older adults an opportunity to get out of the house and receive both mental and social stimulation
- Serve nutritious meals and accommodate special diets, and typically include an afternoon snack
- Give caregivers a much-needed break to attend to their personal needs, or to simply rest and relax

Who Uses Adult Day Services?

- Adults, 18 and over:
  - who are physically, socially, and/or cognitively impaired or require personal care
  - with disabilities who cannot be left alone, but do not require 24-hour institutional care
- Individuals who can benefit from professional services and social and recreational activities
Services of Adult Day Centers

Adult day centers provide a comprehensive range of services to meet the individual needs of participants and their families such as:

- Professional nursing services along with physical, occupational and speech therapy
- Individual treatment plans targeting the needs of each participant
- Social and recreational activities to provide physical and mental stimulation
- Meals
- Transportation door-to-door from home to the center
- Support groups for clients and caregivers
- Coordination with other service providers to gain information and referrals, and supportive counseling with trained social workers
- Ancillary services may include podiatry, hair care, bathing, etc.

Adult Day Programs

- Promote the individual’s maximum level of independence
- Maintain the individual’s present level of functioning as long as possible, preventing or delaying further deterioration
- Restore and rehabilitate the individual to his/her highest possible level of functioning
- Provide support, respite and education for families and other caregivers
- Promote socialization and peer interaction
- Serve as an integral part of the community service network and the long-term care continuum
Choosing an Adult Day Center

Key Considerations:

1. Determine needs – what specific services are important to the person using the center: safe, secure environment; social activities; assistance with daily living skills; therapies; health monitoring; nutritious meals; exercise and/or specialized care such as dementia care?

2. Locate an adult day center – Search centers at NADSA’s database (www.nadsa.org); call your local Area Agency on Aging at 1-800-677-1116; ask at a local senior center or organizations serving persons with developmental disabilities and contact the Missouri Adult Day Services Association at www.moadsa.org or 573-634-3566.

3. Make an appointment to visit the centers to see which might best meet your family member’s needs.

4. Do not be afraid to ask questions. Go to www.nadsa.org and print out NADSA’s site visit checklist beforehand.

5. Check references. Talk to two or three people who have used the center you are considering. Ask for their opinion.

6. Try it out. Select a center and give it a try for a few days. Keep in mind that it often takes several visits for a new participant to feel comfortable. Inform staff of any special needs or concerns your family member has.

7. Take care of yourself. Relax knowing your loved one is being well cared for. Always feel free to check in with the center and ask questions.


Please contact the Department of Health and Senior Services if you have questions or desire additional information regarding licensure of Adult Day Services providers.

http://health.mo.gov/seniors/nursinghomes/faqs.php#adc
MoADSA Members by City

*All MoADSA Members are licensed by the Department of Health & Senior Services. Some hold dual licensure with the Department of Mental Health.*

<table>
<thead>
<tr>
<th>City</th>
<th>Program and Address</th>
<th>Number</th>
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<tbody>
<tr>
<td>Bonne Terre</td>
<td>A1 Adult Day Habilitation Center</td>
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<td>Dellwood</td>
<td>Friends of AGAPE, Inc</td>
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<td>Florissant</td>
<td>1st Choice Adult Day Center, LLC</td>
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<tr>
<td>Grandview</td>
<td>Open Doors Adult Daycare Services, Inc</td>
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<tr>
<td>Hazelwood</td>
<td>Angels Adult Daycare, LLC</td>
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<td>House Springs</td>
<td>Caregiver’s Choice Adult Day Health</td>
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<td>Kansas City</td>
<td>Dignified Adult Day Care, LLC</td>
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<td></td>
<td>Garrett’s Adult Day Program, LLC</td>
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<td>God’s Caring Hands Adult Day Care &amp; Social Services</td>
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<td></td>
<td>Hannah’s Adult Day Health Care Center, LLC</td>
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<td></td>
<td>Helping Hands Adult Day Center, LLC</td>
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<tr>
<td>Maryland Heights</td>
<td>Living Better Adult Day Care</td>
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<tr>
<td>Overland</td>
<td>Cambridge Adult Day Center Walton, LLC</td>
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Raytown
Xtracare Adult Daycare Center, LLC

Rolla
Choices for People Center

St. Ann
Amazing Times Adult Day Care

St. Charles
All Generations Adult Day Center

St. Louis
Adult Day Center at the J
Angelic Healthcare Services Adult Daycare
Family United Adult Day Center
Friends – A Meeting Place
Southside Wellness Center, Inc.
Sun Valley Adult Care Center, Inc.
The Center for Head Injury Services
Young in Spirit Adult Day Center

Please note: The information in this directory was provided to the Missouri Adult Day Services Association by each member. MoADSA assumes no responsibility for the validity of data or for errors or omissions in information.
1st Choice Adult Day Center, LLC

Endorsed by MoADSA

3827 Vaile Avenue, Suite D
Florissant, MO 63034
Phone: (314) 582-1711
Fax: (314) 279-1006

Contact Person:
LaTonya Baker, Director
Email: 1stchoicehomehealth16@gmail.com

Center Opened: 2018

Days of Service:
Monday through Friday
Hours: 8:00 a.m. to 5:00 p.m.
Approved Licensed Capacity: 45
Counties Served: St. Louis City, St. Louis and St. Charles

Core Services
Meals
Transportation
Nursing
Socialization
Exercise
Field Trips

Health Care Services
Health Screening
Health Care

Social Services
Information & Referral
Support Group (clients)

Payment Methods Available:
Medicaid
"Never believe that a few caring people can't change the world. For, indeed, that's all who ever have."

Margaret Mead, anthropologist
Adult Day Center at the J  
Endorsed by MoADSA

2 Millstone Campus Drive  
St. Louis, MO 63146  
Phone: (314) 442-3248  
Fax: (314) 872-7189  
www.jccstl.com/adc

Contact Person:  
Ashley Stockman, Director  
Email: astockman@jccstl.org

Center Opened in 1978

Days of Service:  
Monday through Friday  
Hours: 7:30 a.m. to 6:00 p.m.  
Approved Licensed Capacity: 50  
Counties Served: St. Louis and St. Charles

<table>
<thead>
<tr>
<th>Core Services</th>
<th>Health Care Services</th>
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<tbody>
<tr>
<td>Meals</td>
<td>Health Screening</td>
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<td>Nursing</td>
<td>Showers/Personal Care</td>
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<td>Socialization</td>
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<td>Exercise</td>
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<td>Field Trips</td>
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<th>Therapies</th>
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<td>Social Work</td>
<td>Recreational</td>
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<tr>
<td>Information &amp; Referral</td>
<td>Physical</td>
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<tr>
<td>Support Group (caregivers)</td>
<td>Occupational</td>
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<td>Speech</td>
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<td>Music</td>
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<td>Intergenerational</td>
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<td>Horticulture</td>
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Payment Methods Available:  
Medicaid, self-pay, private insurance, grants, Area Agency on Aging and Veterans Administration

Also licensed by the Missouri Department of Mental Health
**All Generations Adult Day Center**

*Endorsed by MoADSA*

2061 Exchange Drive  
St. Charles, MO 63303  
Phone: (636) 410-8303  
Fax: (636) 410-7707  
[www.allgenerationsadc.com](http://www.allgenerationsadc.com)

**Contact Person:**  
Tiffany Mays, Director  
Email: tmays@allgenerationsadc.com

**Center Opened** in 2016

**Days of Service:**  
Monday through Friday  
Hours: 7:30 a.m. to 4:30 p.m.  
Approved Licensed Capacity: 46  
Counties Served: St. Louis and St. Charles

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<th><strong>Core Services</strong></th>
<th><strong>Health Care Services</strong></th>
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<td>Meals</td>
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<td>Transportation</td>
<td>Health Care</td>
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<td>Nursing</td>
<td>Showers/Personal Care</td>
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<tr>
<td>Socialization</td>
<td>(emergency only)</td>
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<td>Exercise</td>
<td><strong>Therapies</strong></td>
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<td>Field Trips</td>
<td>Recreational</td>
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<tr>
<th><strong>Social Services</strong></th>
<th><strong>Information &amp; Referral</strong></th>
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**Payment Methods Available:**  
Medicaid, self-pay, Alzheimer’s Association and Veterans Administration
Amazing Times Adult Day Care

Endorsed by MoADSA

10012 June Drive
St. Ann, MO 63074
Phone: (314) 310-5158
Fax: (314) 588-8065
Ms. Gladney, Director
Email: amazingtimeshs@gmail.com

Angelic Healthcare Services Adult Daycare

Endorsed by MoADSA

7220 St. Charles Rock Road
St. Louis, MO 63133
Phone: (314) 361-5000
Fax: (314) 361-5001
Twanice Mitchell, Director
Email: tmitchell@angelichealthcareservices.com

"A smile 😊 is the light in your window that tells others that there is a caring, sharing person inside." Denis Waitley, author
Angels Adult Daycare, LLC
Endorsed by MoADSA

6827 Howdershell
Hazelwood, MO 63042
Phone: (314) 495-1529

Contact Person:
Camille Childress, Director
Email: inspiringangelsllc@outlook.com

Center Opened in 2021

Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 6:00 p.m.
Approved Licensed Capacity: 20
Counties Served: St. Louis

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<tr>
<th>Core Services</th>
<th>Health Care Services</th>
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<td>Meals</td>
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<td>Socialization</td>
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<td>Exercise</td>
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<td>Field Trips</td>
<td>Therapies</td>
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<td>Music</td>
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Special Services
In-home Services

Payment Methods Available:
Medicaid, self-pay, Area Agency on Aging and Veterans Administration

A Touch of Home Adult Day Center

7565 Ravensridge Road
St. Louis, MO 63119
Phone: (636) 409-0889
Etienne Coleman, Director
Email: cadeetienna@gmail.com
Cambridge Adult Day Center Walton, LLC
Endorsed by MoADSA

2075 Walton Road
Overland, MO 63114
Phone: (314) 426-7777
Fax: 800-361-2345
www.cambridgeadc.com

Contact Person:
Christine Zerjav
Phone: (314) 426-7777
Email: cmz@cambridgeadc.com
Richard Briggs, Director
Email: rgb@cambridgeadc.com

Center Opened: 2015

Days of Service:
Monday through Friday and some Saturdays
Hours: 7:00 a.m. to 6:00 p.m.
Approved Licensed Capacity: 125
Counties Served: St. Louis and St. Charles

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<th>Core Services</th>
<th>Health Care Services</th>
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<td>Meals</td>
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<td>Transportation</td>
<td>Health Screening</td>
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<td>Nursing</td>
<td>Health Care</td>
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<td>Socialization</td>
<td>Podiatry</td>
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<td>Field Trips</td>
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<td>Exercise</td>
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<th>Social Services</th>
<th>Therapies</th>
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<td>Information &amp; Referrals</td>
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<tr>
<th>Special Services</th>
<th>Payment Methods Available:</th>
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<tbody>
<tr>
<td>Weekends – some Saturdays</td>
<td>Medicaid and self-pay</td>
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</table>
Caregiver’s Choice Adult Day Health

Endorsed by MoADSA

12 Gravois Station Road
House Springs, MO 63051
Phone: (636) 671-7745
www.caregiverschoicellc.com

Contact Person:
Nicki White
Email: caregiverschoicellc@gmail.com

Center Opened: 2020

Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 5:00 p.m.
Approved Licensed Capacity: 20
Counties Served: Jefferson and St. Louis

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<th>Core Services</th>
<th>Health Care Services</th>
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<td>Meals</td>
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<td>Nursing</td>
<td>Health Care</td>
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<tr>
<td>Socialization</td>
<td>Showers/Personal Care (limited)</td>
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<tr>
<td>Exercise</td>
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<tr>
<td>Field Trips</td>
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Payment Methods Available:
Medicaid and self-pay

No one cares until someone cares; be that one! - Ken Poirot
Choices for People Center
Endorsed by MoADSA

1815 Forum Drive
Rolla, MO 65401
Phone: (573) 364-7444
Fax: (573) 364-5370
www.choicesforpeoplecenter.org

Contact Person:
Sherry Whitaker–Marsala, LPN, Adult Day Services Program Manager
Phone: (573) 426-5173
Email: rollada@choicesforpeople.org
Bob Pellegrin, Director
Email: ceocpc@fidmail.com

Center Opened: 1957

Days of Service:
Monday through Friday
Hours: 8:00 a.m. to 4:00 p.m.
Approved Licensed Capacity: 70
Counties Served: Phelps, Pulaski, Dent, Crawford and Maries

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<tr>
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<tbody>
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<th>Social Services</th>
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<tr>
<td>Showers/Personal Care</td>
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<tr>
<td>Social Work</td>
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<tr>
<td>Support Group (clients)</td>
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Payment Methods Available:
Medicaid, self-pay and private insurance

Also licensed by the Department of Mental Health
Close to Home Adult Day Center

2400 East Business Loop 70
Columbia, MO 65201
Phone: (573) 476-6234
Fax: (573) 607-3259
Sameerah Hasan &
   Nadeem Ramiydh, Directors
Email: closetohomellc2018@gmail.com

Dignified Adult Day Care, LLC

Endorsed by MoADSA

11218 Hickman Mills Drive
Kansas City, MO 64134
Phone: (816) 492-7007
Fax: (816) 492-6760

Contact Person:
Joy Z. Yahaya
Email: dignifiedadultdaycare@gmail.com

Center Opened: 2020

Days of Service:
Monday through Friday
Hours: 7:30 a.m. to 5:30 p.m.
Approved Licensed Capacity: 20
Counties Served: Jackson and Cass

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<th>Core Services</th>
<th>Health Care Services</th>
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<td>Meals</td>
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<td>Exercise</td>
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<tr>
<td>Field Trips</td>
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</table>

Payment Methods Available:
Medicaid and self-pay
Faith and Favor Adult Day Center
8403 Olive Boulevard
St. Louis, MO 63132
Phone: (314) 733-5300
Fax: (314) 216-3000
Elise Anderson &
   Chasity Anderson, Directors
Email: info@ffadc.org
www.ffadc.org

Family United Adult Day Center
Endorsed by MoADSA
12444 Lusher Road
St. Louis, MO 63138
Phone: (314) 716-3100 x 102
Fax: (314) 942-9998

Contact Person:
Cierra Marshall, Director
Email: familyunitedadc@yahoo.com

Days of Service:
Monday through Friday
Hours: 8:00 a.m. to 4:00 p.m.
Approved Licensed Capacity: 40
Counties Served: St. Louis City and St. Louis

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<td>Recreational</td>
<td>Social Work</td>
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<td>Information &amp; Referrals</td>
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</table>

Payment Methods Available:
Medicaid and self-pay
Friends - A Meeting Place

Endorsed by MoADSA

716 North Compoton Avenue
St. Louis, MO 63103
Phone: (314) 535-5800
Fax: (314) 535-5801
www.friendsameetingplace.com

Contact Person:
Jean McClendon, Director
Email: kkinc12@aol.com

Center Opened: 2014

Days of Service:
Monday through Friday
Hours: 8:00 a.m. to 3:30 p.m.
Approved Licensed Capacity: 80
Counties Served: St Louis City and St. Louis

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<th>Social Services</th>
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<td>Field Trips</td>
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<th>Health Care Services</th>
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<tr>
<td>Health Screening</td>
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<td>Hair Dressing</td>
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Adult day services are peace of mind and provide a coordinated program of professional and compassionate services for adults in a community-based group setting.
Friends of AGAPE, Inc  
**Endorsed by MoADSA**

10048 West Florissant Avenue  
Dellwood, MO 63136  
Phone: (314) 581-2252  
Fax: (314) 431-3001

**Contact Person:**  
Clifford Young  
Email: info@agape-adhc.com

**Center Opened:** 2015

**Days of Service:**  
Monday through Friday  
Hours: 7:00 a.m. to 4:00 p.m.

Approved Licensed Capacity: 40  
Counties Served: St. Louis City and St. Louis

<table>
<thead>
<tr>
<th>Core Services</th>
<th>Therapies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals</td>
<td>Recreational</td>
</tr>
<tr>
<td>Transportation</td>
<td>Physical</td>
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<tr>
<td>Socialization</td>
<td>Music</td>
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<tr>
<td>Exercise</td>
<td>Intergenerational</td>
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<tr>
<td>Field Trips</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Social Services</th>
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</thead>
<tbody>
<tr>
<td>Information &amp; referral</td>
<td></td>
</tr>
<tr>
<td>Counseling</td>
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</tr>
</tbody>
</table>

**Payment Methods Available:**  
Medicaid, Self-pay, Area Agency on Aging and Grants

---

Garrett’s Adult Day Program, LLC  
**Endorsed by MoADSA**

8550 Holmes Road, Suite 131  
Kansas City, MO 64134  
Phone: (816) 255-3011  
Tynaise Ward, Director  
Email: tynaise@garrettsadc.org
Green Haven Adult Day Program
6207 North Lindbergh Boulevard
Hazelwood, MO 63042
Phone: (314) 942-3434
Tiffany Green, Director
Email: greenhavenstl@gmail.com
www.greenhavenstl.com

God’s Caring Hands Adult Day Care & Social Services
Endorsed by MoADSA
10522 Grandview Road
Kansas City, MO 64137
Phone: (816) 785-8253
Fax: (816) 817-0750
Contact Person: Joy Eke
Email: Godscaringhand@gmail.com
Center Opened: 2016
Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 5:30 p.m. & Saturday 8:00 a.m. to 12:00 p.m.
Approved Licensed Capacity: 46
Counties Served: Jackson and Clay

<table>
<thead>
<tr>
<th>Core Services</th>
<th>Social Services</th>
<th>Health Care Services</th>
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</thead>
<tbody>
<tr>
<td>Meals</td>
<td>Information &amp; Referral</td>
<td>Health Screening</td>
</tr>
<tr>
<td>Transportation</td>
<td>Support Group (clients)</td>
<td>Showers/Personal Care</td>
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<tr>
<td>Socialization</td>
<td>Support Group (caregivers)</td>
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<tr>
<td>Exercise</td>
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<tr>
<td>Field Trips</td>
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<tr>
<td><strong>Special Services</strong></td>
<td><strong>Medical Services</strong></td>
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<tr>
<td>In-home Services</td>
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</tbody>
</table>

Payment Methods Available: Medicaid
Also certified by Consumer Directed Services
Hannah’s Adult Day Health Care Center, LLC
Endorsed by MoADSA
6412 East 87th Street
Kansas City, MO 64138
Phone: (816) 923-1114
Fax: (816) 861-0071

Contact Person:
Michael M. Byrd, Administrator
Email: hannahsadhc@gmail.com

Center Opened: 2019

Days of Service:
Monday through Friday
Hours: 6:45 a.m. to 5:30 p.m.
Approved Licensed Capacity: 30
Counties Served: Jackson

Core Services
Meals
Transportation
Nursing
Socialization
Exercise
Field Trips

Therapies
Recreational
Music

Payment Methods Available:
Medicaid, self-pay, private insurance and Veterans Administration

Thank a Caregiver Today!
Helping Hands Adult Day Center, LLC

Endorsed by MoADSA

6610 Blue Ridge Boulevard
Kansas City, MO 64133
Phone: (816) 743-8127
Fax: (816) 817-4402
www.hh-adc.com

Contact Person:
Joyce Smith
Email: info@hh-adc.com

Center Opened 2014

Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 5:00 p.m.
Approved Licensed Capacity: 16
Counties Served: Jackson

Core Services
Meals
Transportation
Nursing
Socialization
Exercise
Field Trips

Therapies
Music
Pet

Social Services
Support Group (clients)

Payment Methods Available: Medicaid and self-pay

Innovative Living Solutions Adult Activity Center, LLC

4469 Washington Boulevard
St. Louis, MO 63108
Phone: (314) 535-7000
Suzanne Page, Director
Email: innovlivingsolution@yahoo.com
Living Better Adult Day Care

Endorsed by MoADSA

2060 Dorsett Village
Maryland Heights, MO 63043
Phone: (314) 542-6050
Fax: (314) 542-6026
www.livingbetteradultdaycare.com

Contact Person:
Curtis Windham
Email: cwindham@livingbetteradultdaycare.com

Center Opened 2011

Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 6:00 p.m.
Approved Licensed Capacity: 37
Counties Served: St. Louis, St. Louis City and St. Charles

<table>
<thead>
<tr>
<th>Core Services</th>
<th>Health Care Services</th>
<th>Social Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meals</td>
<td>Health Care</td>
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</tr>
<tr>
<td>Transportation</td>
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<tr>
<td>Nursing</td>
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<tr>
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<tr>
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<tr>
<td>Field Trips</td>
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</table>

Also licensed by the Missouri Department of Mental Health
Open Doors Adult Daycare Services, Inc.

Endorsed by MoADSA

13013 Fuller Avenue, Suite C
Grandview, MO 64030
Phone: (816) 214-8065
Phone: (816) 288-7109
Fax: (816) 214-8065

Contact Person:
Lilian Ukpabi
Email: opendoorsadultdaycare@yahoo.com

Center Opened 2015

Days of Service:
Monday through Saturday
Hours: 7:00 a.m. to 7:00 p.m.
Approved Licensed Capacity: 30
Counties Served: Jackson and Johnson

Core Services
Meals
Transportation
Nursing
Socialization
Exercise
Field Trips

Payment Methods Available:
Medicaid and self-pay

Pathways Adult Day Health Care
7911 Paseo Boulevard
Kansas City, MO 64131
Phone: (816) 333-7600
Fax: (816) 333-7600
Email: pathwaysadhc@aol.com
www.bareessentialshomecare.net
Regency Adult Care, LLC
1610 North Kingshighway Boulevard
St. Louis, MO 63113
Phone: (314) 899-0051
Fax: (314) 361-3448
Alicia Wilson, Director
Email: regencyadultcare@gmail.com
www.regencyadultcare.com

Southside Wellness Center, Inc.
Endorsed by MoADSA
3017 Park Avenue
St. Louis, MO 63104
Phone: (314) 664-5024
Fax: (314) 664-5206
Ollie Stewart, Director
Email: southwel@swbell.net

HOME IS WHERE
THE HEART IS
Sun Valley Adult Care Center, Inc

Endorsed by MoADSA

1000 St. Cyr Road
St. Louis, MO 63137
Phone: (314) 868-2232
Fax: (314) 868-8075
www.sunvalleyadultcarecenter.org

Contact Person:
Reba Johnson
Email: sunvalleystcyr@hotmail.com

Center Opened: 1998

Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 6:00 p.m.
Approved Licensed Capacity: 105
Counties Served: St. Louis North

Core Services
Meals
Transportation
Nursing
Socialization
Exercise
Field Trips

Health Care Services
Health Screening
Hair Dressing

Social Services
Information & Referral
Social Work
Support Group (clients)

Payment Methods Available: Medicaid, self-pay, sliding fee scale and Alzheimer’s Association

Also licensed by the Department of Mental Health
The Center for Head Injury Services

Endorsed by MoADSA

11828 Lackland Road
St. Louis, MO 63146
Phone: (314) 983-9230
Fax: (314) 983-9235
www.headinjuryctr-stl.org

Contact Person:
Janice Schenewerk, Director of Day Services/Medical
Email: jschenewerk@headinjuryctr-stl.org

Center Opened: 1986

Days of Service:
Monday through Friday
Hours: 9:00 a.m. to 3:00 p.m., before & after care available
Approved Licensed Capacity: 30
 Counties Served: St. Louis and St. Charles

Core Services
Meals
Nursing
Socialization
Exercise
Field Trips

Therapies
Recreational
Physical (available)
Occupational (available)
Speech (available)

Social Services
Counseling
Information & Referral

Health Care Services
Health Screening

Payment Methods Available:
Medicaid and self-pay

Also licensed by the Department of Mental Health and CARF Accreditation

The program specializes in helping people with brain injuries, autism and other disabilities reach their maximum potential by developing skills, creating opportunities and shaping brighter futures.
Xtracare Adult Daycare Center, LLC
Endorsed by MoADSA

6311 Evanston Avenue
Raytown, MO 64133
Phone: (816) 272-2533
Fax: (816) 298-1426
www.xtracareadultdaycare.com

Contact Person:
Abayomi Iyewarun
Email: xtracareadultcare@gmail.com

Center Opened: 2014

Days of Service:
Monday through Friday
Hours: 7:00 a.m. to 5:00 p.m.
Approved Licensed Capacity: 40
Counties Served: Kansas City and surrounding area

Core Services
Meals
Transportation
Nursing
Socialization
Exercise
Field Trips

Payment Methods Available:
Medicaid, self-pay and
Veteran Administration

Young in Spirit Adult Day Center
Endorsed by MoADSA

5457 Highland Park Drive
St. Louis, MO 63110
Phone: (314) 645-2411
Fax: (314) 645-2007
Laura Bone, Director
Email: llbrn72656@aol.com
www.younginspiritadultdaycenter.com
Affiliate Members

The following businesses/individuals are not providers but have an interest or a connection to adult day services. We are grateful for their support of our organization.

Aegis Healthcare Strategies, LLC

Endorsed by MoADSA

168 Lucerne Place Drive
Ballwin, MO 63011
Phone: (636) 236-7438
Fax: (636) 256-9414
Contact Person: Don Logue
Email: dclogue@msn.com

Alderwoman Marlene Davis

Endorsed by MoADSA

Ward 19 – City of St. Louis
City Hall, Room 230
1200 Market Street
St. Louis, MO 63103
Phone: (314) 622-3287
Fax: (314) 622-4273
Contact Person: Marlene Davis
Email: davisma@stlouis-mo.gov

NP Health Information Station

Endorsed by MoADSA

1550 Wall Street, Suite 223
St. Charles, MO 63303
Phone: (314) 585-2035
Fax: (314) 261-9469
Contact Person: Jeanetta Stomer
Email: np@nphealthinformationstation.com
Missouri Adult Day Services Association
Provider Members

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All Generations Adult Day Center...............................10
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Angelic Healthcare Services Adult Daycare......................11
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### Missouri Adult Day Services Association

**Affiliate Members**

- Aegis Healthcare Strategies, LLC
- Alderwoman Marlene Davis
- NP Health Information Station

### Missouri Adult Day Services

**Non-Member Providers**

- A Touch of Home Adult Day Center
- Close to Home Adult Day Center
- Faith and Favor Adult Day Center
- Green Haven Adult Day Program
- Innovative Living Solutions Adult Activity Center, LLC
- Pathways Adult Day Health Care
- Regency Adult Care, LLC
Helpful Resources

AARP – http://www.aarp.org
Alzheimer’s Association – http://www.alz.org
MO Department of Health and Senior Services – http://www.health.mo.gov
MO Department of Social Services – http://www.dss.mo.gov
MO HealthNet (formerly Medicaid) – http://www.dss.mo.gov/mhd
National Adult Day Services Association – http://www.nadsa.org
Administration for Community Living – http://www.aoa.gov
Missouri Adult Day Services Association – http://www.moadsa.org
Thank you for your participant referrals!