Summary of key points supporting Adult Day Health

as a Value Based Alternative to Nursing Homes

1. We work with families to help them keep their loved ones at home and out of a nursing home or other institutional-like care (rehab facilities or assisted living) for as long as possible by providing individualized high-quality care in a congregate setting for up to [number] days per week for up to [number] hours per day.
2. We serve aging individuals with dementia, cognitive impairment, physical impairment, a combination of these diagnoses and younger individuals with disabilities who otherwise would qualify for nursing home care.
3. We have been Medicaid authorized providers for many years but because we have not been authorized providers under Medicare, there is often a default to more expensive institutional care, particularly for individuals who cannot safely remain at home upon discharge from an acute care hospital.
4. On April 2nd, the Centers for Medicare and Medicaid Services (CMS) formally recognized Adult Day Services as a Value Based Quality Alternative to Nursing Homes by expanding the interpretation of Supplemental Benefits to allow Medicare Advantage plans to offer Adult Day Services for specific purposes as a Supplemental Benefit.
5. We are asking Congress and the Senate to follow CMS’s lead and authorize Adult Day Services as a Medicare alternative to nursing homes by supporting legislation such as H.R 3098, introduced over several sessions by Rep. Linda Sanchez of California; and, S. 309 introduced by Sen. Chuck Grassley of Iowa to authorize a special needs program demonstration for Medicare funded Adult Day Health Center services.
6. Earlier this year, Congress demonstrated it understands Adult Day Health Care is a Value Based Quality Alternative to Nursing Homesfor veterans by passing Act 115-159, which instructs the Department of Veterans Affairs to provide funding to State Veterans Homes specifically for Adult Day Health Care services.
7. The 2017 Cost of Care Study published by the long-term care insurance company Genworth Financial continues to verify, as it has every past year, Adult Day Services are far less costly than nursing home care and less costly than other home and community-based services (HCBS), such as home care and assisted living. (Use this link to access the study: <https://www.genworth.com/aging-and-you/finances/cost-of-care.html>